

Historic, archived document

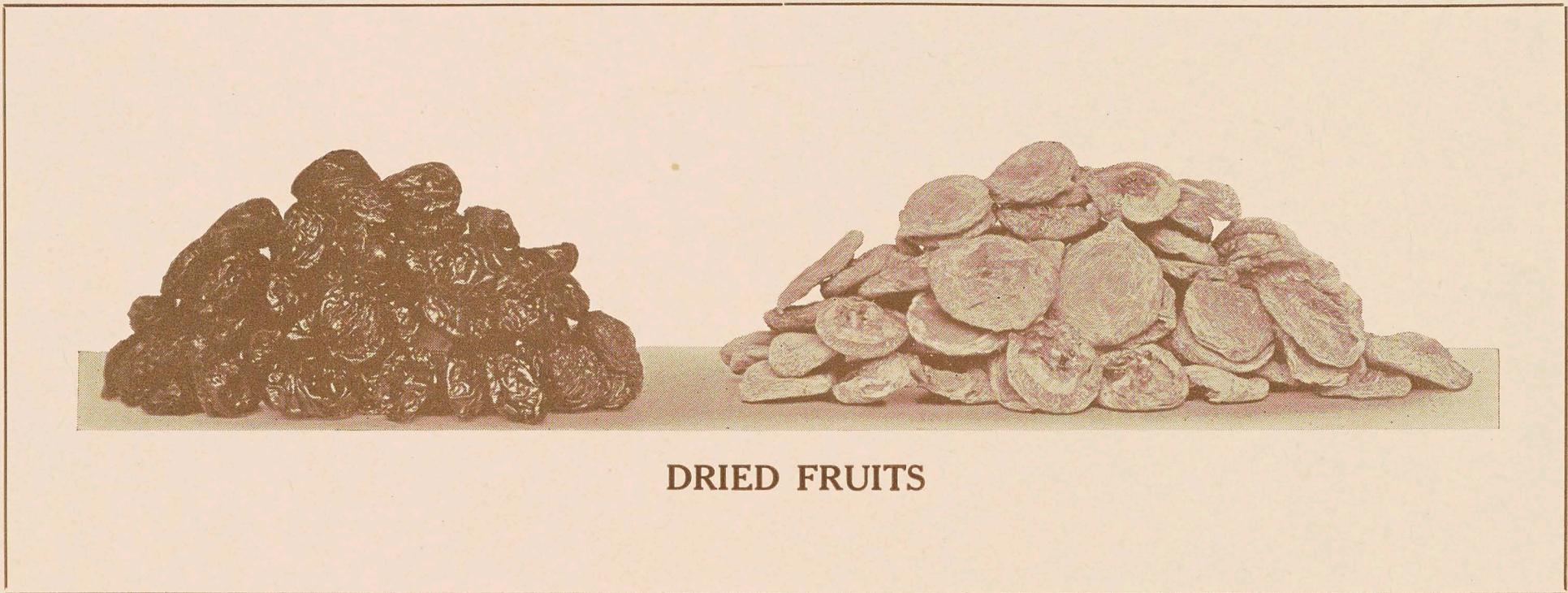
Do not assume content reflects current scientific knowledge, policies, or practices.

Penn a.

WOMEN OF THE HOME

NOW is the TIME to DO YOUR BIT

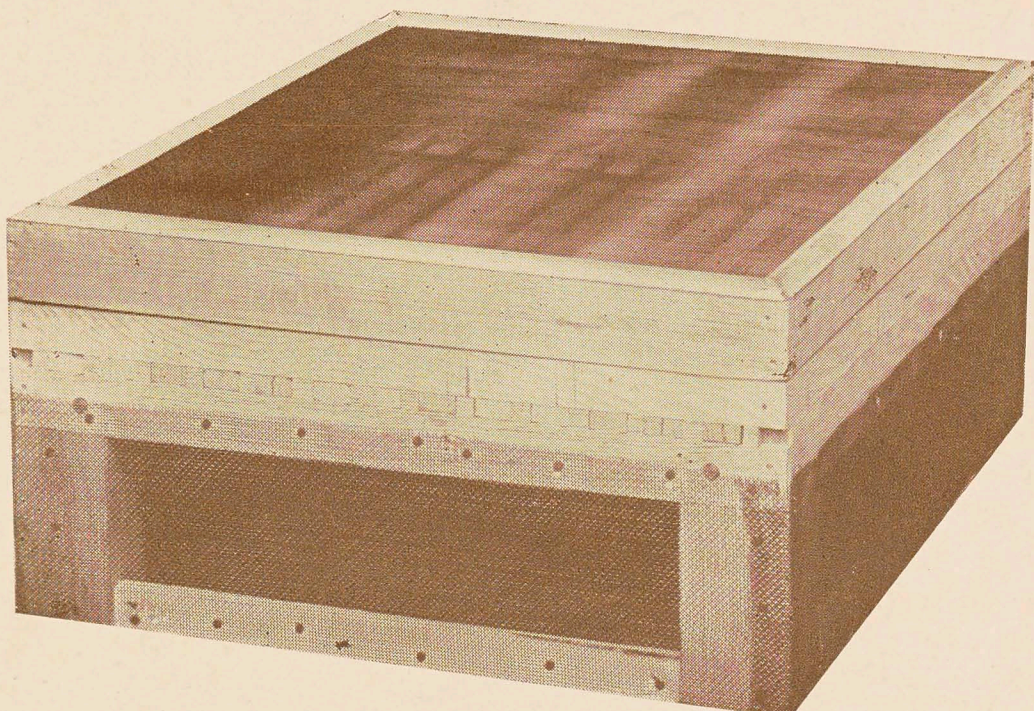
Planning Now For the Year's Food Supply is the Part of Wisdom



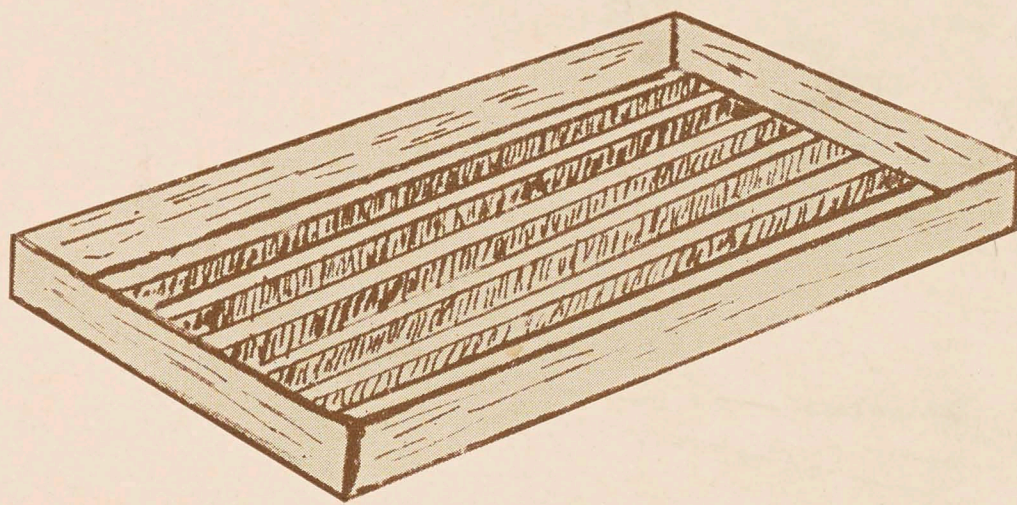
CANNED AND DRIED PRODUCTS

Factory-Canned and Dried Foods for Army and Allies
HOW MANY CANS HAVE YOU?

Will You Divide Them Between Fruits and Vegetables and Fill Every Can?



HOME MADE DRIER



DRYING TRAY

DRY

FRUITS { Cherries
Currants
Huckleberries
Peaches
Apples

VEGETABLES { Green Shell Peas and Beans
(Limas and Others)
String Beans
Corn
Pumpkin

KNOW FOODS and FOOD VALUES

To Conserve Foods Apply This Knowledge in Planning Meals

For Information on Food Conservation Methods, Write THE COUNTY FARM BUREAU, or

THE PENNSYLVANIA STATE COLLEGE

School of Agriculture and Experiment Station

STATE COLLEGE, PA.